SUMMER SHELTER PROGRAM 2020

During the Summer Shelter program, staff will prepare & deliver creative & relaxing resources to Civic Center students.

During online meetings, students will be asked to think about developing healthy, positive behaviors using these resources.

REFLECT Students will use Summer Shelter time to reflect on “what you are doing well”- spend some time each day reflecting on the small successes   
  
BE GRATEFUL Students will celebrate the small accomplishments, recognize things to be grateful for. Did you smile at least once today?  
  
PRACTICE SELF-CARE Students will reflect on relaxing during daily life. What activities give you energy & make you feel good. Create art? Play an instrument? Explore a puzzle?

Students can select art supplies for zentangle projects, small keyboards or a fun jigsaw puzzle.

Their choice, plus some healthy snacks will be delivered to them at their family home or group home. Chris Peterson, one of the founders of Positive Psychology, described resilience as the ability to ‘struggle well’. We hope our students will thrive as they embrace the life lessons of the Covid-19 challenges. Using art, music & puzzle activities during Summer Shelter they can reflect (struggle well) on the patterns & struggles of Covid-19.

During weekly online meetings, students will share how the resources help them reflect, be grateful & practice selfcare. At the the online meetings teachers will reinforce problem-solving skills to help foster resiliency. Students & teachers can also bridge distance & isolation through online collaboration &, sharing struggles using familiar online games. Students can write short comments to share their struggles or respond to others with supportive words. When there is a dilemma or a question, instead of the teacher answering, teachers will ask students to share what they’re thinking & feeling as they use the Summer Shelter resources. Students can become more resilient with these resources & during online meetings with teachers & fellow students. They will cope & hope & grow stronger each day!

Civic Center Secondary serves students in grades 7 through 12 and is located one block from the city hall. Students live in many areas of the city, many in foster care or group homes. For these at-risk students with habitual truancy, behavior issues, and histories of suspension and expulsion, the goal is to change behavior so that these students will stay in school and earn enough credits to graduate. 100% receive free lunch. A team of regular education teacher, special education teacher & counselor work in each classroom. We have daily mediation & reflection as part of the class activities. Since April 2020 students have been meeting online with teachers, classmates & wellness staff. Our principal & support staff deliver computers, food, snacks, books and other resources to each student. These online & home visit activities will continue during the Summer Shelter Program.

Our students face many challenges every day.  They are attending online lessons because of the safe relationships they have with our staff.  We are striving to provide a safe, welcoming school where we greet each student with “I am not successful until you are successful.” We support student growth with “critical thinking skills, empathy and tolerance, civic responsibility, and the belief they can make a difference in the world.”  We believe that every student at Civic Center is valuable & CAN make a difference in the world.